In the Music Room...

A 🎵 from Mrs Olivera.
Welcome back! I hope you’ve all had a wonderful holiday. I can’t wait to see you all next week when Music and Drama classes commence.

This year will be a very busy and exciting year. Most of you achieved Yellow Belt standard on your recorders. Please remember that to keep your yellow belt you must be able to play three note melodies fluently. We will be having an assessment in week 5. Please start practising your recorders, make sure they are clean and ready to use.

Year 3 students will be starting recorders in week 8.

Students that need to purchase recorders from school can do so by paying $7 to the FRONT OFFICE in an envelope with the student’s full name and class. Please ensure you have the correct money.

I am happy to announce that the Senior Choir members were successful in their audition last year and we have been accepted to participate in the Opera House Choral Festival, on the 22nd of October. We will also be auditioning a soloist from the ‘Performance Group’, for these concerts, later on in the year.

So as you can see, there is a lot of exciting work ahead of us. I’m really looking forward to teaching you all this year.

Remember to…
Never give up!
Practice makes Perfect.
Keep up the good work everyone! 😊
Mrs Olivera

Our first Student of the Week for 2013 is Laurensa Abraham from 1/2L. Laurensa’s award is for being a friendly and responsible student who tries her best at all times. Keep up the good work Laurensa!

The second Student of the Week for 2013 is Sambo Heav from 5/6B. Sambo’s award is for beginning Year 6 in a mature and positive manner. Well done Sambo!
Principal’s Message
Welcome to all students and their families to Fairvale PS 2013. We look forward to many exciting events, changes and opportunities this year. Most importantly we look forward to helping our students to continue to grow and learn in a positive environment.

I would especially like to welcome new students and their families to our wonderful school. At Fairvale Public School we are very proud of all our students for their positive attitudes to school and their excellent behaviour. We know they will continue to shine in 2013.

Some of the changes we are making are:

- The Newsletter. The Newsletter is an important way for our school to communicate with families and the community. We will continue to publish a newsletter, however, it will be published fortnightly (even weeks – 2, 4, 6, 8 & 10). We will also use our school’s website to regularly publish information for you to access from home. Our school web address is www.fairvale-p.schools.nsw.edu.au.

- Class Newsletter. Each class will have a Class Newsletter published at the end of each term. The Class Newsletter will keep you informed about the interesting things your children have been learning, as well as samples of excellent work.

- ‘Positive Behaviour Intervention Strategies’, otherwise known as PBIS. Our staff, students and parents will be working on developing new, clear and simple playground rules to follow. We will be making school-wide changes, which will take time to implement. Some positive changes have already begun with K-6 teachers supervising their classes during eating time and making more areas available for students to play. We will hold a Parent Forum once we have set up the new rules. We welcome your suggestions.

Our students have been allocated temporary classes for the first 2 weeks. We will finalise classes at the beginning of Week 3. If you have any concerns, please see the Assistant Principals or come to the office to make a time to see me.

I would like to welcome 3 new permanent members to our staff – Miss Byrne, Assistant Principal leading Early Stage 1; Mr Collins, ESL teacher working with Stage 3 and Miss Keats, Learning and Support teacher supporting K-2.

Welcome back Miss Bushby and Mrs Pereira, both returning part time from their maternity leave. Mrs Assad and Mr Misitano are on Long Service Leave and will return later this term.

I will be the Acting Principal for Term 1, with Mrs Macmillan and Mrs Needham relieving as Deputy Principal and Ms Batten relieving as Assistant Principal.

Mrs Donatiello,
Acting Principal

SCHOOL CALENDAR- 2013

Wk3
Feb 11  Playgroup beings
       14  P & C meeting. 9.15am, Demountable

Wk4
Feb 18  Wooglemai, Stage 3 students
       19  Wooglemai, Stage 3 students

Wk 5
Feb 27  Swimming Carnival, Prairiewood Leisure Centre. Yrs 3-6 + 8 year olds.

“THE BEAUTIFUL THING ABOUT LEARNING IS THAT NO ONE CAN TAKE IT”
This is a reminder that Playgroup starts next Monday, 11th February, 2013. Please remember to bring money to pay your Playgroup fees ($2 per week or $15 for the term, per child). Thank you,

Paige Casonato
Playgroup Teacher

Smart Foods to Boost Learning

If you want your child to think more clearly, give them a breakfast high in protein such as eggs and milk. "Having a higher protein, lower carbohydrate breakfast enhances concentration and memory," says Andrew Fuller, a fellow at the University of Melbourne’s departments of Psychiatry and Learning and Educational Development.

Exercise is good for thinking because it supplies oxygen to the brain. Avoid white squishy things like chips, white bread and cakes. Mother Nature is full of foods that aid smarter thinking and help kids and adults alike live longer – richly coloured berries to improve your child's mood, avocado on toast to calm them. It all comes down to regularly eating foods that supply nutrients which support specific brain and body functions, Andrew says.

"What you’re trying to avoid is white squishy things, so basically chips, bread, cakes – these aren’t the things that really love us long term,” he says.

"If you want your kids to be on top of the game, they need to have an optimal brain and you only get an optimal brain if you sleep well, eat well, live well.”

If you want further information about this topic go to: http://www.schoolatoz.nsw.edu.au/wellbeing/food/smart-foods-to-boost-learning

CLO Messages

Welcome back to all our parents & carers to yet another exciting school year. We hope that you enjoyed your holiday break and had a most happy start for 2013.

Happy Lunar New Year!

We wish all our families from our Chinese and Vietnamese communities all the happiness and good health in their celebration of the new year on Sunday, 10 February 2013.

Bashar Hanna & Maria Ha
Community Liaison Officers